

St. Mary Protection of the Theotokos Parish

Pokrova-allentown.org 1031 Fullerton Ave, Allentown PA 18102
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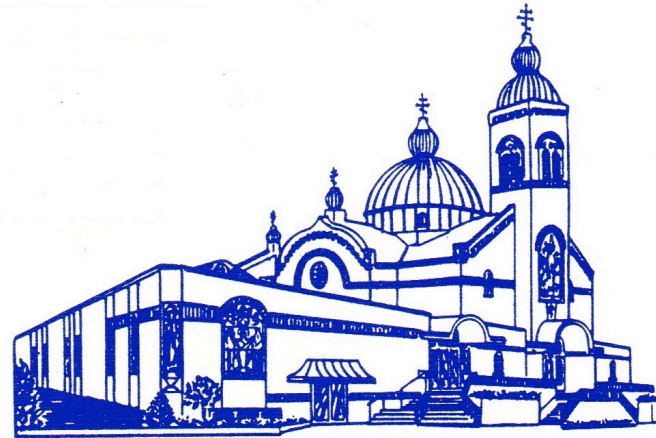
GLORY TO JESUS CHRIST!

GLORY FOREVER TO GOD!

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СЛАВА ІСУСУ ХРИСТУ!

СЛАВА НАВІКИ БОГУ!



Welcome to the God-loving and God-protected Orthodox Christian parish of *Pokrova* (Protection of the Holy Theotokos or “St. Mary’s”)!

It is a blessing to have you with us today and we encourage you to come back as often as you are able. Like us, you may find that you have found your spiritual home here!

We are a parish of the Ukrainian Orthodox Church of the USA under the Ecumenical Patriarch of Constantinople and our doors and hearts are open to you and your family!

Please visit our website: pokrova-allentown.org and help yourself to the many pamphlets located on the literature racks outside the church. Fr. Anthony would love answering your questions; you can reach him at 484-232-9423, father.anthony@yahoo.com, on Facebook (Douglas Anthony Perkins or facebook.com/pokrova.allentown), or face to face after services.

Handicap parking is available behind the church; regular parking is available on the street and (on Sundays) at Kohut Funeral Home.

Upcoming Services

*** Great Lent (we fast from meat, fish, dairy, wine, oil, anger, & sloth)***

Sunday of Orthodoxy 3/20 9:00AM Divine Liturgy; ,Coffee, SS, & Church School.
4:00PM Pan-Orthodox Service (GOC in Bethlehem)

Wednesday 3/23 5:00PM Liturgy of the Presanctified Gifts

Friday 3/25 7:00PM Liturgy of the Presanctified Gifts

Saturday 3/26 *** NO MORNING LITURGY ***

6:00PM Parish Vigil (CHAPEL)

Sunday 3/27 9:00AM Divine Liturgy; Coffee, Church School.

(Palamas) 4:00PM Pan-Orthodox Service (UOC, Northampton)

Wednesday 3/30 9:00AM Liturgy of the Presanctified Gifts

Friday 4/1 7:00PM Liturgy of the Presanctified Gifts

Saturday 4/2 *** NO SERVICES AT ST MARY’S ***

UOL RETREAT IN BETHLEHEM

Sunday of the Cross 4/3 9:00AM Divine Liturgy, Coffee & Church School.

ANNUAL MEETING (no pan-Orthodox Vespers)

Wednesday 4/6 9:00AM Annunciation Vespers/Presanctified Liturgy

Thursday 4/7 9:00AM Festal Divine Liturgy of the Annunciation

Friday 4/8 7:00PM Liturgy of the Presanctified Gifts

Saturday 4/9 9:00AM All Souls Liturgy (St. Paul AOC in Emmaus)

6:00PM Parish Vigil (CHAPEL)

Sunday 4/10 9:00AM Divine Liturgy; Coffee, Church School.

(Ladder) 4:00PM Pan-Orthodox Service (GOC, Blandon)

Check our website for the full listing of services & activities!!

In Orthodoxy, communion is reserved for those who are members in good standing of an Orthodox parish and who have prepared themselves through prayer and fasting. We would love to have you as a member and communicant here at St. Mary’s - See Fr. Anthony if you would like to join our parish!

St. Mary Protection of the Theotokos Cathedral

Катедра Покрови Пресвятої Богородиці

Pokrova-allentown.org

1031 Fullerton Ave, Allentown PA 18102

V. Rev. Anthony Perkins

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March 20th ; Tone 1, The Triumph of Orthodoxy

The Order of Worship

Censing of the Altar, Iconostasis, Nave/Sanctuary, & People.

Blessed is the Kingdom Amen. Heaven and earth are joined in praise of God.

Great Litany. Prayers of supplication to God w/ refrain "Lord have mercy!"

Psalms 103. The Psalms are the greatest hymns of the Church.

The Little Litany. "Again and again" we lift up our praises and prayers to God.

Psalms 145 & "Only Begotten Son". This psalm and song remind us why we are here.

The Little Litany. "Again and again" ... we are learning to pray continuously.

The Beatitudes. The wisdom of the Logos offered in song – beautiful consolation.

The Little Entrance/Gospel Entrance. This symbolizes Christ coming from heaven into the world. We can kiss "The Word" in celebration saying; "Christ is in our midst" "He is and shall be!"

Come Let Us Worship. An invitation to enter into deeper worship of Jesus Christ.

Tone 1 Troparion (Resurrection)

When the stone had been sealed by the Jews, / while the soldiers were guarding Your most pure ^body, / You rose on the third day, O Savior, granting life to the world. / The powers of heaven therefore cried to You, O Giver of Life: / "Glory to Your Resurrection, O Christ! / Glory to Your Kingdom! // Glory to Your dispensation, O Lover of mankind!"

Tone 2 Troparion (Sunday of Orthodoxy)

We venerate Your most pure image, O Good One; / and ask forgiveness of our transgressions, O Christ our God. / Of Your good will You were pleased to ascend the cross in the flesh / and deliver Your creatures from bondage to the Enemy. / Therefore with thankfulness we cry aloud to You: / "You have filled all with joy, O our Savior, // for You alone have come to save the world."

Tone 4 Troparion (Parish Patron/Pokrova)

O Mother of God, sheltered by thy coming / we faithful people today keep feast in joy, / and looking at thy most pure image, / moved to the depths. Of our hearts, we say: / "Protect us with thy precious veil / and deliver us from every ill, / by entreating Christ, thy Son and our God, // to save our souls.

Tone 8 Kontakion (Lenten Triodion)

No one could describe the Word of the Father; / but when He took flesh from you, O Theotokos, He accepted to be described, / and restored the fallen image to its former state by uniting it to divine beauty. // We confess and proclaim our salvation in words and images.

Tone 2 Kontakion (Parish Patron/Pokrova)

The Choirs of Saints and the Virgin / stand in church praying to God for us. / Angels and hierarchs bow in adoration, / Apostles and Prophets all rejoice / in thee, O Mother of God, // who for us prays to God Eternal.

Prokeimenon Tone 4 (Song of the Three Holy Children, v. 3 & 4)

Blessed are You, O Lord God of our fathers, / and praised and glorified is Your name forever!

v: For You are just in all that You have done for us!

Epistle: Hebrews 11:24-26, 32-12:2. A history of faith leading to the salvation of Christ.

Alleluia, Alleluia, Alleluia! (Ps. 99:6a,6b)

v: Moses and Aaron were among His priests; Samuel also was among those who called on His Name.

v: They called to the Lord and He answered them.

Gospel: St. John 1:43-51. Jesus proclaims Himself to be the Divine Messiah.

Litanies for the Faithful and for the Catechumens. Catechumens are Christians preparing to enter into the Mysteries of the Orthodox Church (e.g. Communion).

Cherubic Hymn. This song reminds us that we must "put aside all earthly cares" so that we can join the angels in worshiping God in fullness and in truth.

The Great Entrance. The priest brings out the bread and wine that will become the Body and Blood of Christ. This ritual act symbolizes Jesus's triumphant entrance into Jerusalem... and His sacrifice on the Altar of the Cross.

Litany of the Sacrifice. The work of the people is to enter into Communion with God.

Deacon's exhortation: "Let us love one another...." We answer by proclaiming our faith in the Trinity and Holy Orthodoxy through reciting the Profession of Faith.

Commemoration of the Last Supper (also known as the Mystical Supper).

The Consecration of the Gifts.

Hymn to the Birthgiver of God, Mary. Litany of Preparation.

Lord's Prayer. We join together praying the "Our Father", the prayer Jesus taught us.

"Holy Things for the Holy". We now enter into the greatest Mystery of Communion.

Pre-Communion Prayer. Reminds us of our need for the Body and Blood of Christ.

Communion of the Faithful. Communion is reserved for those who are members of an Orthodox parish and have prepared themselves through prayer, fasting, and regular confession. All are invited to join this parish and commune with us!

Post-Communion Prayers and Dismissal

Distribution of the Antidoron. At this point everyone is invited forward to kiss the cross and receive the blessed bread cut from the Eucharistic loaf before the service.

Parish News and Events

It is with sadness tinged with the joy of the resurrection that I share news of the repose of **Catherine Smicker**. Viewing hours: 10-11AM (3/22); Funeral: 11AM; both at Kohut Funeral Home. **May her memory be eternal!!!**

ANNUAL MEETING: 4/3 AFTER DIVINE LITURGY

Beginning in April: St. Mary's is sponsoring a Grief Support Group.

Tuesdays. 6:30PM – 8:00PM in the Library. The cost is free. For more information or registration, please call Joe Truchan at 610-262-3251. **We ask for you prayers for this important ministry.** Please spread the word!

Rdr. Nicholas Perkins has been selected to be part of a two week medical mission trip to Indonesia in June (he is an EMT). However, he has to raise all the money for both the trip and the travel costs; please support him if you can.

Flash Frozen Potato Perohi are available for purchase in our kitchen!

We will have a **KITCHEN SESSION** on March 26th.

UOL Lenten Retreat, Saturday 4/2, 395 Bridle Path Road. This year Dr. Natalie Bilynsky and Fr. Anthony Perkins will talk about the challenges we all face throughout life and how Orthodoxy can help us respond to them. Fr. Mark Leasure will be bringing the myrrh-streaming Icon of the *Karidotissa* for participants to venerate. Registration forms are available in the hall.

Wolodymyr Katolik (from Phily) is organizing a **Paschal trip to the Holy Land to experience the miraculous Paschal fire.** 215-531-0538.

Spiritually Speaking (every other Sunday after Coffee Hour in the Social Hall):

3/20 "The Structure and Beauty of the Presanctified Liturgy"

4/17 "Q & A on Lent, Life, and Everything"

St. Mary's Seniors: 3/23 Hoagies; 4/4 Meeting and lunch.

St. Mary's Ukrainian Dance Group: Every Wednesday @6:30 in the Social Hall. This week, the group will begin making headdresses.

Reading and Greeter Schedule

Today's Epistle Reader: Robin Bodner; Next Week: Dennis Ritter

Today's Greeters: Richard & Carolyn Rosko;

Next Week: Eleanor Fox & Katherine Kramer

Let Fr. Anthony know if you would like to be added to the schedule!

Anaphora of St. Basil the Great (excerpts)

...When the fullness of time had come, You spoke to us through Your Son Himself through Whom You made the ages. Being the brightness of Your Glory, the express likeness of Your entity, and upholding everything by the Word of His Power, He deemed it not robbery to be equal to You, God and Father. But, although he was God before the ages, yet he appeared on earth and lived with humans. And He was Incarnate of a Holy Virgin, by emptying Himself and taking on the form of a servant, becoming conformed to the humility of our body that he might conform us to the image of His Glory. For since by humanity sin entered the world and by sin Death, so Your Only-Begotten Son, Who is In Your Bosom, God and Father, was well pleased to be born of a woman, the Holy Birth-Giver of God and Ever-Virgin Mary. He was born under the Law that He might condemn sin in His Flesh, that they who were dead in Adam might be made alive in Your Christ Himself.

And becoming a citizen in this world giving ordinances of salvation, He removed the delusion of idols bringing us to a knowledge of You, the true God and Father, having acquired us for Himself as His own People, a Royal Priesthood, and a Holy nation. And being purified with water and sanctified by the Holy Spirit, He gave Himself as a ransom to Death, by which we were held captive being sold under sin. And having descended into the abyss through the Cross that He might fill all things with Himself, He loosed the pains of Death being raised again from the dead on the third day making a path for all flesh to resurrection from the dead - for it was not possible that the Originator of Life should be constrained by corruption - that He might be the First-Fruits of those who have fallen asleep and the First-Born from the Dead, that He might be all, being first in all. And ascending into Heaven, He sat at the Right Hand of Your Majesty on High, and He shall return to render to everyone according to their works.

And He has left with us as remembrances of His saving Passion these things which we have set forth according to His command. For when He was about to go to His voluntary, celebrated, and life-creating death, on the night in which He gave Himself up for the Life of the world, He took bread into His Holy and undefiled Hands, and when He had shown it to You, God and Father, given thanks, blessed, sanctified, and broken it, He gave it to His Holy Disciples and Apostles, saying: *Take, eat, this is My Body which is broken for you for the forgiveness of sins. Amen.* Likewise, having also taken, mixed, given thanks, blessed, and sanctified the cup of the fruit of the vine: He gave it to His Holy Disciples and Apostles, saying: *Drink of this, all of you: this is My Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Amen.*

Do this in remembrance of Me, for as often as you shall eat this bread and drink of this Cup, you proclaim My Death and profess My Resurrection.