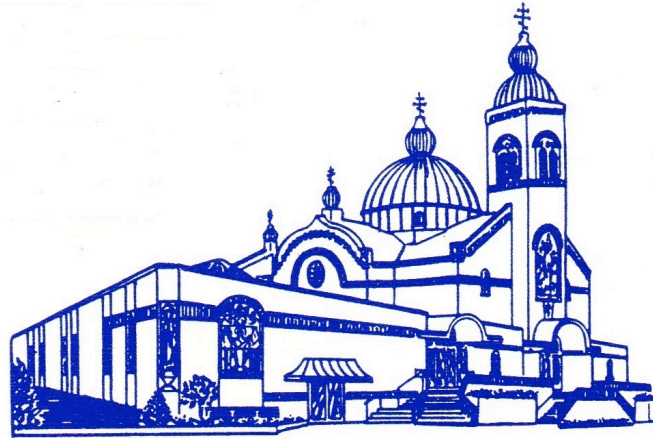


St. Mary Protection of the Theotokos Parish

Pokrova-allentown.org 1031 Fullerton Ave, Allentown PA 18102
V. Rev. Anthony Perkins; father.anthony@yahoo.com | 484-232-9423

**CHRIST IS RISEN!
INDEED HE IS RISEN!
+++
ХРИСТОС ВОСКРЕС!
ВОІСТИНУ ВОСКРЕС!**



Welcome to the God-loving and God-protected Orthodox Christian parish of *Pokrova* (Protection of the Holy Theotokos or “St. Mary’s”)!

It is a blessing to have you with us today and we encourage you to come back as often as you are able. Like us, you may find that you have found your spiritual home here!

We are a parish of the Ukrainian Orthodox Church of the USA under the Ecumenical Patriarch of Constantinople and our doors and hearts are open to you and your family!

Please visit our website: pokrova-allentown.org and help yourself to the many pamphlets located on the literature racks outside the church. Fr. Anthony would love answering your questions; you can reach him at 484-232-9423, father.anthony@yahoo.com, on Facebook (Douglas Anthony Perkins or facebook.com/pokrova.allentown), or face to face after services.

Handicap parking is available behind the church; regular parking is available on the street and (on Sundays) at Kohut Funeral Home.

Upcoming Services

Sunday	5/22	9:00AM	Divine Liturgy, Coffee Hour, Education
Wednesday	5/25	7:00PM	Daily Vespers
Saturday	5/28	NO SERVICES	(Fr. Anthony will be at SVS)
Sunday	5/29	9:00AM	Divine Liturgy, Coffee Hour, Education
Wednesday	6/1	7:00PM	Daily Vespers
Saturday	6/4	6:00PM	Cathedral Vigil
Sunday	6/5	9:00AM	Divine Liturgy, Coffee Hour, Education
Wednesday	6/8	7:00PM	Cathedral Vigil of the Ascension
Thursday	6/9	9:00AM	Festal Liturgy of the Ascension
Saturday	6/11	6:00PM	Cathedral Vigil
Sunday	6/12	9:00AM	Divine Liturgy, Coffee Hour, Education
Wednesday	6/15	NO SERVICE	(Fr. Anthony will be at a conference)
Saturday	6/18	6:00PM	Cathedral Vigil of Pentecost
PENTECOST	6/19	9:00AM	Divine Liturgy, Coffee Hour, Grave Blessing
Saturday	6/25	6:00PM	Cathedral Vigil
ALL SAINTS	6/26	9:00AM	Divine Liturgy, Coffee Hour
MONDAY 6/27: THE APOSTLES FAST BEGINS			
Saturday	7/2	NO SERVICE	(Fr. Anthony will be on vacation)
Sunday	7/3	9:00AM	Divine Liturgy, Coffee Hour
Saturday	7/9	6:00PM	Cathedral Vigil
Sunday	7/10	9:00AM	Divine Liturgy, Coffee Hour
Monday	7/11	7:00PM	Cathedral Vigil of Sts. Peter & Paul
Tuesday	7/12	9:00AM	Festal Liturgy of St. Peter & Paul
END OF THE APOSTLES FAST			
Saturday	7/16	6:00PM	Cathedral Vigil
Sunday	7/17	9:00AM	Divine Liturgy, Coffee Hour

Check our website for the full listing of services & activities!!

St. Mary Protection of the Theotokos Cathedral

Катедра Покрови Пресвятої Богородиці

Pokrova-allentown.org

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V. Rev. Anthony Perkins

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May 22nd : Healing of the Paralytic

The Order of Worship

Censing of the Altar, Iconostasis, Nave/Sanctuary, & People.

Blessed is the Kingdom Amen. Heaven and earth are joined in praise of God.

Great Litany. Prayers of supplication to God w/ refrain "Lord have mercy!"

Psalm 102. The Psalms are the greatest hymns of the Church.

The Little Litany. "Again and again" we lift up our praises and prayers to God.

Psalm 145 & "Only Begotten Son". This psalm and song remind us why we are here.

The Little Litany. "Again and again" ... we are learning to pray continuously.

The Beatitudes. The wisdom of the Logos offered in song – beautiful consolation.

The Little Entrance/Gospel Entrance. This symbolizes Christ coming from heaven into the world. We can kiss the Gospel (an icon of "The Word") in celebration saying; "Christ is in our midst" "He is and shall be!" "*Khristos Posered Nas*" "*I Ye I Budet*"

Come Let Us Worship. An invitation to enter into deeper worship of Jesus Christ.

Hymns for Today. As with all the music, everyone is encouraged to sing along!

Tone 3 Troparion (Resurrection)

Let the heavens rejoice! / Let the earth be glad! / For the Lord has shown strength with His arm. / He has trampled down death by death. / He has become the first born of the dead. / He has delivered us from the depths of hell, / and has granted to the world// great mercy.

Tone 4 Troparion (Parish Patron/Pokrova)

O Mother of God, sheltered by thy coming / we faithful people today keep feast in joy, / and looking at thy most pure image, / moved to the depths. Of our hearts, we say: / "Protect us with thy precious veil / and deliver us from every ill, / by entreating Christ, thy Son and our God, // to save our souls.

Tone 3 Kontakion (from the Pentecostarion)

By Your divine intercession, O Lord, / as You raised up the Paralytic of old, / so raise up my soul, paralyzed by sins and thoughtless acts; / so that being saved I may sing to You:// "Glory to Your power, O compassionate Christ!"

Tone 8 Kontakion (Pascha)

You descended into the tomb, O Immortal, / You destroyed the power of death. / In victory You arose, O Christ God, / proclaiming: "Rejoice!" to the Myrrhbearing Women, // granting peace to Your Apostles, and bestowing Resurrection on the fallen.

Tone 2 Kontakion (Parish Patron/Pokrova)

The Choirs of Saints and the Virgin / stand in church praying to God for us. / Angels and hierarchs bow in adoration, / Apostles and Prophets all rejoice / in thee, O Mother of God, // who for us prays to God Eternal.

Trisagion: We join the angels in proclaiming God's glory (Holy God, Holy Immortal...)!

Prokimen (Tone 1; Psalm 32:22,1)

Let Your mercy, O Lord, be upon us as we have set our hope on You!

v: Rejoice in the Lord, O your righteous! Praise befits the just!

Epistle: Acts 9:32-42

Alleluia, Alleluia, Alleluia! (Psalm 88:1,2)

v: I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation.

v: For You have said: "Mercy will be established forever; Your truth will be prepared in the heavens."

Gospel: St. John 5:1-15

Litanies for the Faithful and for the Catachumens. Catachumens are Christians preparing to enter into the Mysteries of the Orthodox Church (e.g. Communion).

Cherubic Hymn. This song reminds us that we must "put aside all earthly cares" so that we can join the angels in worshiping God in fullness and in truth.

The Great Entrance. The priest brings out the bread and wine that will become the Body and Blood of Christ. *Symbolizes Palm Sunday... and the Passion of Christ.*

Litany of the Sacrifice. The work of the people is to enter into Communion with God.

Deacon's exhortation: "Let us love one another...." We answer by proclaiming our faith in the Trinity and Holy Orthodoxy through reciting the Profession of Faith.

Commemoration of the Last Supper and Consecration of the Gifts.

Hymn to the Birthgiver of God, Mary.

The Angel cried to the Lady, full of grace: / "Rejoice, O pure Virgin! Again, I say: 'Rejoice, / your Son is risen from His three days in the tomb! / With Himself He has raised all the dead.'" // Rejoice, O ye people!

Shine, shine, O new Jerusalem! / The glory of the Lord has shone on you! / Exult now, and be glad, O Zion! / Be radiant, O pure Theotokos, // in the Resurrection of your Son!

Litany of Preparation.

Lord's Prayer. Together, we prayer the prayer Jesus taught His disciples (and us).

"Holy Things for the Holy". We now enter into the greatest Mystery of Communion.

Communion of the Faithful. Communion is reserved for those who are members of an Orthodox parish and have prepared themselves through prayer, fasting, and regular confession. All are invited to join this parish and commune with us!

Post-Communion Prayers, Dismissal & Distribution of the Antidoron. At this point everyone is invited forward to kiss the cross and receive the blessed bread cut from the Eucharistic loaf before the service.

Parish News and Events

Confession is always available on Saturdays before or after Vigil, before Divine Liturgy on Sunday (just sit up front so I know you want confession), and by appointment.

Grief Support Group. Tuesdays. 6:30PM – 8:00PM in the Library. For more information or registration, please call Joe Truchan at 610-262-3251.

Parish Board Meeting: 5/23 @6:30PM

Ministry to the Hungry: Soon we will be providing meals at the local soup kitchen one evening a month. Please see Fr. Anthony if you are interested in participating in this ministry (a ministry that is as important to the spiritual health of our parish as it is to the bodily health of the hungry; see St. Matthew 25:31-46).

Anyone who wants **Pascha flowers** can take them home today.

St. Mary's Seniors: 5/25. Hoagie Making.

St. Mary's Ukrainian Dance Group: Wednesdays @6:30 in the parish hall. Upcoming performance: Saturday, 6/11 6:30PM Ukrainian Homestead Leighton Fund Raiser for Ukraine (Arrival time 6:00 PM) .

Upcoming Spiritually Speaking (& Singing!) Classes (after Coffee Hour)

- 5/22 "Chanting the Cathedral Vigil w/Tones 3 & 4 (as on Saturday Evenings)"
- 5/29 "Chanting the Cathedral Vigil w/Tones 5 & 6 (as on Saturday Evenings)"
- 6/5 "Chanting the Cathedral Vigil w/Tones 7 & 8 (as on Saturday Evenings)"

Reading and Greeter Schedule

Today's Epistle Reader: Richard Bodner ; Next Week: Robin Bodner

Today's Greeters: Judy Miller & Vera Muzychka;

Next Week: Richard and Carolyn Rosko

Let Fr. Anthony know if you would like to be added to the schedule!

In Orthodoxy, communion is reserved for those who are members in good standing of an Orthodox parish and who have prepared themselves through prayer and fasting. We would love to have you as a member and communicant here at St. Mary's - See Fr. Anthony if you would like to join our parish!

Today's Scripture Readings

Epistle: Acts 9:32-42

Now it came to pass, as Peter went through all parts of the country, that he also came down to the saints who dwelt in Lydda. There he found a certain man named Aeneas, who had been bedridden eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus the Christ heals you. Arise and make your bed." Then he arose immediately. So all who dwelt at Lydda and Sharon saw him and turned to the Lord.

At Joppa there was a certain disciple named Tabitha, which is translated Dorcas. This woman was full of good works and charitable deeds which she did. But it happened in those days that she became sick and died. When they had washed her, they laid her in an upper room. And since Lydda was near Joppa, and the disciples had heard that Peter was there, they sent two men to him, imploring him not to delay in coming to them. Then Peter arose and went with them. When he had come, they brought him to the upper room. And all the widows stood by him weeping, showing the tunics and garments which Dorcas had made while she was with them. But Peter put them all out, and knelt down and prayed. And turning to the body he said, "Tabitha, arise." And she opened her eyes, and when she saw Peter she sat up. Then he gave her his hand and lifted her up; and when he had called the saints and widows, he presented her alive. And it became known throughout all Joppa, and many believed on the Lord.

Gospel: St. John 5:1-15

After this there was a feast of the Jews, and Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches. In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. Now a certain man was there who had an infirmity thirty-eight years. When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?"

The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me. Jesus said to him, "Rise, take up your bed and walk." And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath. The Jews therefore said to him who was cured, "It is the Sabbath; it is not lawful for you to carry your bed." He answered them, "He who made me well said to me, 'Take up your bed and walk.'"

Then they asked him, "Who is the Man who said to you, 'Take up your bed and walk?'" But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in that place. Afterward Jesus found him in the temple, and said to him, "See, you have been made well. Sin no more, lest a worse thing come upon you." The man departed and told the Jews that it was Jesus who had made him well.