

St. Mary Protection of the Theotokos Parish

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GLORY TO JESUS CHRIST!

GLORY FOREVER!

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Morning Prayers

Having risen from sleep, we fall down before Thee, O Good One, and we cry aloud to Thee the angelic hymn, O Mighty One: Holy, Holy, Holy art Thou, O God; through the prayers of the Birthgiver of God, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit.

From bed and sleep hast Thou raised me up, O Lord; enlighten my mind and heart, and open my lips that I may hymn Thee, O Holy Trinity: Holy, Holy, Holy art Thou, O God; through the prayers of the Birthgiver of God, have mercy on us.

Both now and ever, and unto the ages of ages. Amen.

Suddenly the Judge shall come, and the deeds of each shall be laid bare; but with fear do we cry at midnight: Holy, Holy, Holy art Thou, O God; through the prayers of the Birthgiver of God, have mercy on us.

Lord, have mercy. (Twelve times.)

As I rise from sleep, I thank Thee, O Holy Trinity, for through Thy great goodness and patience Thou hast not been angry with me, an idler and sinner, nor hast Thou destroyed me with mine iniquities, but hast shown Thy usual love for mankind; and when I was prostrate in despair, Thou hast raised me up to keep the morning watch and glorify Thy power. Enlighten also my spiritual eyes, and open my mouth that I may meditate on Thy words, and understand Thy commandments, and do Thy will, and hymn Thee with a thankful heart, and sing praises to Thine all-holy name: of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages. Amen.

November Worship Schedule

Sunday	10/30	9:00AM	Divine Liturgy, Coffee Hour, Education
Wednesday	11/2	10:00AM	Divine Liturgy (Chapel)
Saturday	11/5	4:00PM	Cathedral Vigil (Chapel)
Sunday	11/6	9:00AM	Divine Liturgy, Coffee Hour, Education
Wednesday	11/9	10:00AM	Divine Liturgy (Chapel)
Saturday	11/12	4:00PM	Cathedral Vigil (Chapel)
Sunday	11/13	9:00AM	Divine Liturgy, Coffee Hour, Education
Saturday	11/19	4:00PM	Reader's Vespers (Chapel)
Sunday	11/20	9:00AM	Divine Liturgy, Coffee Hour, Education
Saturday	11/26	4:00PM	Cathedral Vigil (Chapel)
Sunday	11/27	9:00AM	Divine Liturgy, Coffee Hour, Education

***** START OF NATIVITY LENT *****

Wednesday 11/30 10:00AM Divine Liturgy (Chapel)

Check our website for the full listing of services & activities!!

Adult Education

Each Sunday (11AM). Our weekly “Spiritually Speaking” series addresses the “tough questions” people ask. I spend the first 20 minutes of each 30 minute session answering a (preselected) “tough question”; the final 10 minutes is spent in Q&A. If you have a question, get it to me and I will put it into the queue; this is your chance to stump the priest (and find out why we do what we do)!

Today's Topic at Spiritually Speaking will be “Who is Fr. Vasyi Shak – and what brought him to the priesthood in the UOC-USA?”

Each Wednesday (7PM). Bible Study. We spend the first 45 minutes of these hour-long sessions working through the selected scripture, trying to understand the text as its authors did, and how it has been illumined by the Light of Christ and the Holy Spirit. The final few minutes will be spent in Q & A.

This past week's Bible Study covered the fall of mankind. This coming week we will cover the Flood and the Tower of Babel.

Welcome to the God-loving and God-protected Orthodox Christian parish of *Pokrova* (“St. Mary Protection of the Holy Theotokos” or “St. Mary’s”)!

It is a blessing to have you with us today and we encourage you to come back as often as you are able. Like us, you may find that you have found your spiritual home here (and a wonderful home, it is)!

We are a parish of the Ukrainian Orthodox Church of the USA under the Ecumenical Patriarch of Constantinople and our doors and hearts are open to you, your family, and your friends!

October 30th; Twentieth Sunday after Pentecost

The Order of Worship

(A more complete version is found in the black prayer book in the pews)

Blessed is the Kingdom Amen. Heaven and earth are joined in praise of God.

Great Litany. Prayers of supplication to God w/ refrain “Lord have mercy!”

Psalm 102. Small Litany. The Psalms are the greatest hymns of the Church.

Psalm 145, “Only Begotten Son”, Little Litany. These hymns remind us why we are here.

The Beatitudes. The wisdom of the Christ offered in song – how we become “blessed.”

The Little Entrance/Gospel Entrance. This symbolizes Christ coming from heaven into the world. We can kiss the Gospel (an icon of “The Word”) in celebration saying; “Christ is in our midst” “He is and shall be!” “*Khristos Posered Nas*” “*I Ye I Bude!*”

Hymns for Today. As with all the music, everyone is encouraged to sing along!

Tone 2 Tropar *(Resurrection)*

When You descended to death, O Life Immortal, / You destroyed hell with the splendor of Your Godhead. / And when from the depths You raised the dead, / all the powers of heaven cried out: // “O Giver of life, Christ our God, glory to You!”

Tone 2 Tropar *(Holy Prophet Hosea)*

As we celebrate the memory of your Prophet Hosea, O Lord, // Through him, we entreat you to save our souls.

Tone 4 Tropar *(Venerable Martyr Andrew)*

Having been trained previously in asceticism on the mountain, / you destroyed the spiritual battle arrays of the enemies / With the full armor of the Cross, O saint all-blessed. / And again stripping manfully for the contest, / You killed Copronymous with the sword of the faith; / and on both accounts you were crown from God, // O glorious venerable Martyr Andrew.

Tone 4 Tropar *(Parish Patron/Pokrova)*

O Mother of God, sheltered by thy coming / we faithful people today keep feast in joy, / and looking at thy most pure image, / moved to the depths of our hearts, we say: / “Protect us with thy precious veil / and deliver us from every ill, // by entreating Christ, thy Son and our God, to save our souls.”

Tone 2 Kondak *(Resurrection)*

Hell became afraid, O almighty Savior, / seeing the miracle of Your Resurrection from the tomb! / The dead arose! Creation, with Adam, beheld this and rejoiced with You, // and the world, my Savior, praises You forever.

Tone 8 Kondak *(St Andrew of Crete)*

Out of love for you, O God-blessed Andrew, / whose name signifies manliness, / we cry out our thanksgiving as proven praises to the speaker of mysteries, / for as one having confidence before the Lord, / save us from every kind of suffering, / that we may sing your praises, O ever-memorable Father.

Tone 2 Kondak *(Parish Patron/Pokrova)*

The Choirs of Saints and the Virgin / stand in church praying to God for us. / Angels and hierarchs bow in adoration, / Apostles and Prophets all rejoice / in thee, O Mother of God, // who for us prays to God Eternal.

Trisagion: We join the angels in proclaiming God’s glory (Holy God, Holy Immortal...)!

Prokimen Tone 2 *(Psalm 117:18,4)*

The Lord is my strength and my song; He has become my salvation.

v: The Lord has chastened me sorely, but He has not given me over to death.

Epistle: 2 Corinthians 11:31-12:9

Alleluia, Alleluia, Alleluia!

v: May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you!

v: Save the King, O Lord, and hear us on the day we call!

Gospel: Luke 8:5-15. Children are encouraged to come up front; “Let the little children come unto me.” (Matthew 19:14)

Litanies for the Faithful and for the Catachumens. Catachumens are Christians preparing to enter into the Mysteries of the Orthodox Church.

Cherubic Hymn. This song reminds us that we must “put aside all earthly cares” so that we can join the angels in worshiping God in fullness and in truth.

The Great Entrance. The priest brings out the bread and wine that will become the Body and Blood of Christ. The ritual reminds us of Palm Sunday... and the Passion of Christ. The children are welcome and encouraged to line the aisle.

Commemoration of the Last Supper and Consecration of the Gifts. This is when the Holy Spirit comes down and changes the gifts. Ukrainian Orthodox often kneel during this part of the liturgy, but standing is also welcome.

Hymn to the Birthgiver of God, Mary. She is the mother of our salvation!

Litany of Preparation. Lord’s Prayer. Please join us as pray together using the words Jesus the Messiah taught us during His earthly ministry.

“Holy Things for the Holy”. We enter into the greatest Mystery of Communion.

Communion of the Faithful. Communion is reserved for those who are members of an Orthodox parish and have prepared themselves through prayer, fasting, and regular confession. All are invited to join this parish and commune with us! See Fr. Anthony if you would like to learn more.

Post-Communion Prayers, Dismissal & Distribution of the Antidoron. At this point everyone is invited forward to kiss the cross and receive the blessed bread cut from the Eucharistic loaf before the service.

Parish News and Events

Please welcome Fr. Vasyl Shak as the celebrating priest today! Fr. Anthony is in Charlottesville in his capacity as the Vocations Director for the seminary. Fr. Vasyl will be giving a short “Spiritually Speaking” talk on how he became a priest in the UOC-USA. Fr. Vasyl will also be serving for Fr. Anthony on 11/20.

We are planning on purchasing **new vestments for our altar servers** (gold and blue to honor our patron, the Mother of God). Donations for this purpose would be welcomed and blessed!

Upcoming Kitchen! On Saturday 11/5 we will be making cabbage perohi! Please join us - and spread the word!

The Scholarship Committee needs ten volunteers by December 1st in order to make the 2017 St. Mary's Golf Tournament a reality. This committee does wonderful things for the youth of our parish; please consider joining this cause (and encourage others to do the same).

Chris Zimmerman is offering to give parishioners the flu shot here at church. If you are interested in this wonderful service, please see Judy for details.

Our **Ukrainian Dance Group** continues to meet on Wednesday evenings from 6:30-8:00PM. It's a great (and growing) group of dancers and a fantastic set of teachers.

An Opportunity to Clothe the Naked! Vera Myzychka is collecting coats, jackets, gloves, mittens, and scarves to distribute at the soup kitchen. Please see her for details.

The **Grief Support Group** is offering everyone who is grieving the loss of a loved one special one-session classes on “Surviving the Holidays”! Thanksgiving and Christmas bring a special kind of stress to the lives of the heartbroken. This excellent program is designed to help real people (i.e. US!) find peace and a renewed confidence in Christ. This is a non-denominational Christian program and everyone – to include the non-Orthodox – is invited. Dates are: 11/15, 11/22, 12/6, 12/13, 12/20.

Our next **Parish Board Meeting** is at 6:30PM on 11/28.

Please let me know if you would like something put into the bulletin/announced in church.

Reading and Greeter Schedule (November)

Date	Epistle Schedule	Greeters
10/30/2016	Rdr. Nicholas Perkins	Judy Miller & Vera Muzychka
11/6/2016	John Sokalsky	Richard Rosko
11/13/2016	Robert Noecker	Eleanor Fox
11/20/2016	Alex Mackiewicz	Judy Miller & Vera Muzychka
11/27/2016	Richard Bodner	Richard Rosko

Please let Fr. Anthony know if you will not be able to greet/read and cannot find a replacement. Also let him know if you would like to be added to the schedule!

Today's Scripture Readings

Epistle: 2 Corinthians 11:31-12:9

The God and Father of our Lord Jesus Christ, who is blessed forever, knows that I am not lying. In Damascus the governor, under Aretas the king, was guarding the city of the Damascenes with a garrison, desiring to arrest me; but I was let down in a basket through a window in the wall, and escaped from his hands.

It is doubtless not profitable for me to boast. I will come to visions and revelations of the Lord: I know a man in Christ who fourteen years ago—whether in the body I do not know, or whether out of the body I do not know, God knows—such a one was caught up to the third heaven. And I know such a man—whether in the body or out of the body I do not know, God knows—how he was caught up into Paradise and heard inexpressible words, which it is not lawful for a man to utter. Of such a one I will boast; yet of myself I will not boast, except in my infirmities. For though I might desire to boast, I will not be a fool; for I will speak the truth. But I refrain, lest anyone should think of me above what he sees me to be or hears from me.

And lest I should be exalted above measure by the abundance of the revelations, a thorn in the flesh was given to me, a messenger of Satan to buffet me, lest I be exalted above measure. Concerning this thing I pleaded with the Lord three times that it might depart from me. And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.” Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me..

Gospel: Luke 8:5-15

“A sower went out to sow his seed. And as he sowed, some fell by the wayside; and it was trampled down, and the birds of the air devoured it. Some fell on rock; and as soon as it sprang up, it withered away because it lacked moisture. And some fell among thorns, and the thorns sprang up with it and choked it. But others fell on good ground, sprang up, and yielded a crop a hundredfold.” When He had said these things He cried, “He who has ears to hear, let him hear!”

Then His disciples asked Him, saying, “What does this parable mean?” And He said, “To you it has been given to know the mysteries of the kingdom of God, but to the rest it is given in parables, that ‘Seeing they may not see, And hearing they may not understand.’

“Now the parable is this: The seed is the word of God. Those by the wayside are the ones who hear; then the devil comes and takes away the word out of their hearts, lest they should believe and be saved. But the ones on the rock are those who, when they hear, receive the word with joy; and these have no root, who believe for a while and in time of temptation fall away. Now the ones that fell among thorns are those who, when they have heard, go out and are choked with cares, riches, and pleasures of life, and bring no fruit to maturity. But the ones that fell on the good ground are those who, having heard the word with a noble and good heart, keep it and bear fruit with patience.