

## March 11<sup>th</sup> : Sunday of the Veneration of the Cross

### Tone 7 Troparion (Resurrection)

By Your Cross You destroyed death. / To the thief You opened Paradise. / For the Myrrhbearers You changed weeping into joy. / And You commanded Your disciples, O Christ God, / to proclaim that You are risen, // granting the world great mercy.

### Tone 1 Troparion (for the Cross)

O Lord, save Your people, / and bless Your inheritance! / Grant victories to the Orthodox Christians / over their adversaries; / and by virtue of Your Cross, // preserve Your habitation!

### Tone 7 Kontakion (for the Cross)

Now the flaming sword no longer guards the gates of Eden; / it has been mysteriously quenched by the wood of the Cross. / The sting of death and the victory of hell have been vanquished; / for You, O my Savior, have come and cried to those in hell: // “Enter again into Paradise!”

### (In place of the Trisagion, we sing:)

Before Your Cross, we bow down in worship, O Master, and Your holy Resurrection, we glorify.

### Prokimenon Tone 6 (Cross; Psalm 27:9,1)

O Lord, save Your people and bless Your inheritance!

*v: To You, O Lord, will I call. O my God, be not silent to me!*

**Epistle:** Hebrews 4:14-5:6

**Alleluia, Alleluia, Alleluia!** (Psalm 73:2,12)

*v: Remember Your congregation, which You have purchased of old!*

*v: God is our King before the ages; He has worked salvation in the midst of the earth!*

**Gospel:** St. Mark 8:34-9:1

### (Instead of “It is truly meet ...,” we sing:)

All of creation rejoices in you, O Full of Grace: / the assembly of Angels and the race of men. / O sanctified temple and spiritual paradise, / the glory of virgins, / from whom God was incarnate and became a Child – / our God before the ages. / He made your body into a throne, / and your womb He made more spacious than the heavens. / All of creation rejoices in you, O Full of Grace. // Glory to you!

### Communion Hymn (Psalm 4:6)

The light of Your countenance has shone on us, O Lord. Alleluia, Alleluia, Alleluia!

\*\*\* *Please join us for coffee and fellowship after the service!* \*\*\*

## Upcoming Services

<b>Sunday</b>	3/11	9AM 4PM	Divine Liturgy (Adoration of the Cross) Lenten Vespers (St. Nicholas GOA, Bethlehem)
<b>Wednesday</b>	3/14	7PM	Presanctified Liturgy
<b>Saturday</b>	3/17	10AM 4PM	Divine Liturgy (Soul Saturday) Parish Vigil
<b>Sunday</b>	3/18	9AM 4PM	Divine Liturgy & Memorial Litya (Harold L.) Lenten Vespers (St. Paul AOC, Emmaus)
<b>Wednesday</b>	3/21	4PM 7PM	Presanctified Liturgy Great Canon w/ the Life of St. Mary
<b>Friday</b>	3/23	10AM	Presanctified Liturgy
<b>Saturday</b>	3/24	ALL DAY	UOL Lenten Retreat (Bethlehem)
<b>Sunday</b>	3/25	9AM 4PM	Divine Liturgy (St. Mary of Egypt) followed by Annual Parish meeting Lenten Vespers (Assumption UOC, Northampton)
<b>Wednesday</b>	3/28	4PM	Presanctified Liturgy
<b>Friday</b>	3/30	10AM	Presanctified Liturgy
<b>Saturday</b>	3/31	10AM 4PM	Divine Liturgy – Raising of Lazarus Willow/Palm Sunday Vigil
<b>Sunday</b>	4/1	9AM 7PM	Willow/Palm Sunday Divine Liturgy Bridegroom Matins

## Parish News and Events

**Our Annual Meeting** will be on 3/25 after Divine Liturgy. Please come and help chart our future!

**UOL Retreat w/ Bishop Gregory (ACROD) & Fr. Anthony.** St. Francis Center. 3/24. Please register ASAP. There will be a special program for children and youth.

Our **St Mary's Seniors** Hoagies on 3/28; the next meeting is 4/2 at 12:30PM.

The Jr. UOL is hosting a Lenten **LOCK-IN** 30-31 March. See John Onulack for details.

We will be making **PYSANKI** on 3/15 & 22 at 6:30! EVERYONE is invited! See Judy for details.

Our next **Parish Board Meeting:** Monday, 3/19 @6:30PM.

Our next **WINE TASTING** will be on 4/21 at 6PM. See John Maly for details.

**The Grief Support Group** meets at 6:30PM on Tuesdays downstairs. See Joe Truchan for details.

**Reader Schedule:** 3/11 Alex Mackiewicz; 3/18 Richard Bodnar; 3/25 Robin Bodnar

**Greeter Schedule:** 3/11 Eleanor Fox; 3/18 Judy Miller & Vera Muzychka; 3/25 PM Tina Perkins

Welcome to the God-loving and God-protected Orthodox Christian parish of *Pokrova* (“St. Mary Protection of the Holy Theotokos” or “St. Mary’s”)!

**It is a blessing to have you with us today and we encourage you to come back as often as you are able.** Like us, you may find that you have found your spiritual home here (and a wonderful home, it is)!

**We are a parish of the Ukrainian Orthodox Church of the USA under the Ecumenical Patriarch of Constantinople and our doors and hearts are open to you, your family, and your friends!**

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