

St. Mary Protection of the Theotokos Parish

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GLORY TO JESUS CHRIST!

GLORY FOREVER!

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СЛАВА ІСУСУ ХРИСТУ!

СЛАВА НАВІКІ!



HEALING THE BODY POLITIC: A POLITICS OF COMMUNION

by Fr. John A. Jillions

Now that the American elections are over, it is time to assess the role of the Orthodox Churches in helping to shape our country. ... So, as Orthodox Christians, what is our vision for our pluralist and democratic republic? How can we witness to and nurture it?

We Must Be Charitable. Churches need to keep doing the sorts of charitable projects that they have always been known for, but in concert with other churches, religious groups and organizations that do the same to serve and to stand up for those in need...

Prophetic. Churches can closely monitor what the government and people in positions of political and economic power are doing and raise the alarm when that power needs to be checked or rebuked...

Spiritual, or better Eschatological, “Not of this world.” Churches should be just as concerned about the problem of spiritual alienation as they are about the problems of poverty, social justice and the environment. *An inwardly transformed people can withstand anything a crisis throws at them, especially when other solutions have yet to kick in.* So the traditional Orthodox focus on prayer, ascetic discipline and inward transformation may be what a world in crisis needs right now. ... There should be no tension between the active peacemaking of the Beatitudes and cultivation of inner peace...

After a bruising election season I believe it should be our aim as Orthodox Christians to do our part to promote the healing of the body politic and promote a national politics of communion. I believe as well that many others would welcome this.

November & December Worship Schedule

Sunday	11/13 9:00AM	Divine Liturgy, Memorial Litya (Alex M.) Coffee Hour, Education
Saturday	11/19 4:00PM	Reader's Vespers (Chapel)
Sunday	11/20 9:00AM	Divine Liturgy, Coffee Hour, Education
Saturday	11/26 4:00PM	Cathedral Vigil (Chapel)
Sunday	11/27 9:00AM	Divine Liturgy, Coffee Hour, Education
*** START OF NATIVITY LENT (11/28) ***		
Wednesday	11/30 10:00AM	Divine Liturgy (Chapel)
Saturday	11/26 4:00PM	Cathedral Vigil (Chapel)
Sunday	11/27 9:00AM	Divine Liturgy, Coffee Hour, Education
Saturday	12/3 4:00PM	Cathedral Vigil of the Feast (Chapel)
Sunday	12/4 9:00AM	Divine Liturgy for the Feast of the Entry Coffee Hour, Education
Saturday	12/10 4:00PM	Cathedral Vigil (Chapel)
Sunday	12/11 9:00AM	Divine Liturgy, Coffee Hour, Education
Saturday	12/17 4:00PM	Cathedral Vigil (Chapel)
Sunday	12/18 9:00AM	Divine Liturgy, Coffee Hour, Education
Monday	12/19 10:00AM	St. Nicholas; Divine Liturgy
Wednesday	12/20 4:00PM	Cathedral Vigil of the Conception of St. Mary
Thursday	12/22 10:00AM	Divine Liturgy of the Conception of St. Mary
Saturday	12/24 4:00PM	Cathedral Vigil of the Holy Forefathers
Sunday	12/25 9:00AM	Divine Liturgy, Coffee Hour, Education
Saturday	12/31 4:00PM	Cathedral Vigil of the Saturday before Nativity
Sunday	1/1 9:00AM	Divine Liturgy, Coffee Hour, Education

Check our website for the full listing of services & activities!!

Adult Education

Each Sunday (11AM). Spiritually Speaking for today: “Do we need icons?”

Each Wednesday (7PM). Bible Study. Last week: Abraham, Isaac, and Jacob. Next week? “Joseph, his dreams, his brothers, and Egypt”

Welcome to the God-loving and God-protected Orthodox Christian parish of *Pokrova* (“St. Mary Protection of the Holy Theotokos” or “St. Mary’s”)!

It is a blessing to have you with us today and we encourage you to come back as often as you are able. Like us, you may find that you have found your spiritual home here (and a wonderful home, it is)!

We are a parish of the Ukrainian Orthodox Church of the USA under the Ecumenical Patriarch of Constantinople and our doors and hearts are open to you, your family, and your friends!

November 13th ; Twenty-First Sunday after Pentecost

The Order of Worship

Blessed is the Kingdom Amen. Heaven and earth are joined in praise of God.

Great Litany. Prayers of supplication to God w/ refrain “Lord have mercy!”

Psalm 102. The Psalms are the greatest hymns of the Church. It is followed by a Small Litany (“Again and again...”).

Psalm 145 & “Only Begotten Son”. This psalm and song remind us why we are here. It is followed by a Small Litany (“Again and again...”)

The Beatitudes. The wisdom of the Logos offered in song – beautiful consolation. We take on the virtues of and in Christ to become “blessed.”

The Little Entrance/Gospel Entrance. This symbolizes Christ coming from heaven into the world. We can kiss the Gospel (an icon of “The Word”) in celebration saying; “Christ is in our midst” “He is and shall be!” “*Khristos Posered Nas*” “*I Ye I Budet*”

Hymns for Today. As with all the music, everyone is encouraged to sing along!

Tone 4 Troparion (Resurrection)

When the women Disciples of the Lord / learned from the Angel the joyous message of the Resurrection, / they cast away the ancestral curse / and elatedly told the Apostles: / “Death is overthrown! / Christ God is risen, // granting the world great mercy!”.

Tone 4 Troparion (Parish Patron/Pokrova)

O Mother of God, sheltered by thy coming / we faithful people today keep feast in joy, / and looking at thy most pure image, / moved to the depths of our hearts, we say: / “Protect us with thy precious veil / and deliver us from every ill, // by entreating Christ, thy Son and our God, to save our souls.

Tone 4 Kontakion (Resurrection)

My Savior and Redeemer as God / rose from the tomb and delivered the earth-born from their chains. / He has shattered the gates of hell, / and as Master, // He has risen on the third day!

Tone 2 Kontakion (Parish Patron/Pokrova)

The Choirs of Saints and the Virgin / stand in church praying to God for us. / Angels and hierarchs bow in adoration, / Apostles and Prophets all rejoice / in thee, O Mother of God, // who for us prays to God Eternal.

Trisagion: We join the angels in proclaiming God’s glory (Holy God, Holy Immortal...)!

Prokimen Tone 4 (Psalm 103:24,1)

O Lord, how manifold are Your works; in wisdom have You made them all.

v: Bless the Lord, O my soul! O Lord, my God, You are very great!

Epistle: Galatians 2:16-20

Alleluia, Alleluia, Alleluia! (Psalm 44: 5,8)

v: Go forth, prosper and reign, for the sake of meekness, righteousness and truth!

v: For You love righteousness, and hate iniquity.

Gospel: Luke 8:26-39. Children are encouraged to come up front; “Let the little children come unto me.” (Matthew 19:14)

Litanies for the Faithful and for the Catachumens. Catachumens are Christians preparing to enter into the Mysteries of the Orthodox Church.

Cherubic Hymn. This song reminds us that we must “put aside all earthly cares” so that we can join the angels in worshiping God in fullness and in truth.

The Great Entrance. The priest brings out the bread and wine that will become the Body and Blood of Christ. The ritual reminds us of Palm Sunday... and the Passion of Christ. The children are welcome and encouraged to line the aisle.

Commemoration of the Last Supper and Consecration of the Gifts. This is when the Holy Spirit comes down and changes the gifts. Ukrainian Orthodox often kneel during this part of the liturgy, but standing is also welcome.

Hymn to the Birthgiver of God, Mary. We praise her among the saints because God became incarnate through her; she is the mother of our salvation!

Litany of Preparation. Lord’s Prayer. Please join us as pray together using the words Jesus the Messiah taught us during His earthly ministry.

“Holy Things for the Holy”. We enter into the greatest Mystery of Communion.

Communion of the Faithful. Communion is reserved for those who are members of an Orthodox parish and have prepared themselves through prayer, fasting, and regular confession. All are invited to join this parish and commune with us! See Fr. Anthony if you would like to learn more.

Post-Communion Prayers, Dismissal & Distribution of the Antidoron. At this point everyone is invited forward to kiss the cross and receive the blessed bread cut from the Eucharistic loaf before the service.

Parish News and Events

WE NEED YOU!!! St. Mary's will once again have a pirohi and Christmas cookie & nut/poppysed roll sale on DECEMBER 3. It will be advertised to the public. Your help and cooperation is truly needed in this endeavor. Could you please bake a few batches of cookies at home? --help when we have our work sessions,---or order ahead of time? Look for our work session days in the bulletin or on posters on the doors of the church. Call Elinor Antoniuk--- home 610-262-0682 or cell---484-523-4123 or e-mail her at ellieantoniuk@rcn.com.

The St. Mary Seniors will make Hoagies on 11/16; the Christmas Luncheon is on 12/5!

Please plan to attend our special St. Mary's "Holy Supper" on 1/6 in the parish hall before Great Compline. See Chris Z. for details (and if you want to request or sign-up for a dish – although both are optional). **All are invited!!!**

Through the generosity of our parishioners we have collected 9 ladies' coats, 6 men's, 16 scarves, 14 hats, and 7 pairs of gloves. These will go to the needy and homeless that come to the soup kitchen we volunteer for. We (Vera M.) will be collecting through November 20th.

The Scholarship Committee needs ten volunteers by December 1st in order to make the 2017 St. Mary's Golf Tournament a reality. This committee does wonderful things for the youth of our parish; please consider joining this cause (and encourage others to do the same).

Chris Zimmerman is offering to give parishioners the flu shot here at church. If you are interested in this wonderful service, please see Judy for details.

Our **Ukrainian Dance Group** continues to meet on Wednesday evenings from 6:30-8:00PM.

The **Grief Support Group** is offering everyone who is grieving the loss of a loved one special one-session classes on "Surviving the Holidays"! Thanksgiving and Christmas bring a special kind of stress to the lives of the heartbroken. This excellent program is designed to help real people (i.e. US!) find peace and a renewed confidence in Christ. This is a non-denominational Christian program and everyone – to include the non-Orthodox – is invited. Dates are: 11/15 (THIS WEEK!), 11/22, 12/6, 12/13,12/20.

Our next **Parish Board Meeting** is at 6:30PM on 11/28.

Reading and Greeter Schedule (November)

Date	Epistle Schedule	Greeters
11/13/2016	Robert Noecker	Eleanor Fox
11/20/2016	Alex Mackiewicz	Judy Miller & Vera Muzychka
11/27/2016	Richard Bodner	Richard Rosko

Please let Fr. Anthony know if you will not be able to greet/read and cannot find a replacement. Also let him know if you would like to be added to the schedule!

Today's Scripture Readings

Epistle: Galatians 2:16-20

Knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified.

"But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ therefore a minister of sin?" Certainly not! For if I build again those things which I destroyed, I make myself a transgressor. For I through the law died to the law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me."

Gospel: Luke 8:26-39.

Then they sailed to the country of the Gadarenes, which is opposite Galilee. And when He stepped out on the land, there met Him a certain man from the city who had demons for a long time. And he wore no clothes, nor did he live in a house but in the tombs. When he saw Jesus, he cried out, fell down before Him, and with a loud voice said, "What have I to do with You, Jesus, Son of the Most High God? I beg You, do not torment me!" For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles; and he broke the bonds and was driven by the demon into the wilderness.

Jesus asked him, saying, "What is your name?" And he said, "Legion," because many demons had entered him. And they begged Him that He would not command them to go out into the abyss. Now a herd of many swine was feeding there on the mountain. So they begged Him that He would permit them to enter them. And He permitted them. Then the demons went out of the man and entered the swine, and the herd ran violently down the steep place into the lake and drowned.

When those who fed them saw what had happened, they fled and told it in the city and in the country. Then they went out to see what had happened, and came to Jesus, and found the man from whom the demons had departed, sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. They also who had seen it told them by what means he who had been demon-possessed was healed. Then the whole multitude of the surrounding region of the Gadarenes asked Him to depart from them, for they were seized with great fear. And He got into the boat and returned.

Now the man from whom the demons had departed begged Him that he might be with Him. But Jesus sent him away, saying, "Return to your own house, and tell what great things God has done for you." And he went his way and proclaimed throughout the whole city what great things Jesus had done for him.