

## July 8<sup>th</sup> : 6<sup>th</sup> Sunday after Pentecost

### Tone 5 Troparion (Resurrection)

Let us, the faithful, praise and worship the Word, / co-eternal with the Father and the Spirit, / born for our salvation from the Virgin; / for He willed to be lifted up on the Cross in the flesh, / to endure death, / and to raise the dead // by His glorious Resurrection.

### Tone 4 Troparion (Parish Patron/Pokrova)

O Mother of God, sheltered by thy coming / we faithful people today keep feast in joy, / and looking at thy most pure image, / moved to the depths of our hearts, we say: / "Protect us with thy precious veil / and deliver us from every ill, / by entreating Christ, thy Son and our God, // to save our souls.

### Tone 5 Kontakion (Resurrection)

You descended into hell, O my Savior, / shattering its gates as Almighty, / resurrecting the dead as Creator, / and destroying the sting of death. / You have delivered Adam from the curse, O Lover of Man, // and we cry to You: "O Lord, save us!"

### Tone 2 Kontakion (Parish Patron/Pokrova)

The Choirs of Saints and the Virgin / stand in church praying to God for us. / Angels and hierarchs bow in adoration, / Apostles and Prophets all rejoice / in thee, O Mother of God, // who for us prays to God Eternal.

### Prokimen Tone 5 (Psalm 11:7,1)

You, O Lord, shall protect us and preserve us from this generation forever.

*v: Save me, O Lord, for there is no longer any that is godly!*

**Epistle: Romans 12:6-14.** Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness.

Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality.

Bless those who persecute you; bless and do not curse them.

### Alleluia, Alleluia, Alleluia! (Psalm 88: 1,2)

*v: I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation.*

*v: For You have said: "Mercy will be established forever; My truth will be prepared in the heavens."*

**Gospel: Matthew 9:1-8.** Jesus heals the paralytic.

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Please join us for coffee hour after the service!

## Welcome Vladyka – Metropolitan Antony!!!

### Upcoming Services

<b>Sunday</b>	7/8	9AM	Divine Liturgy (Metropolitan Antony serves)
<b>Wednesday</b>	7/11	4PM	Parish Vigil for Sts. Peter and Paul (Fast Ends!)
<b>Thursday</b>	7/12	*8AM*	Divine Liturgy for Sts. Peter and Paul
*** Note time change from 10AM to 8AM – to accommodate Soup Kitchen work ***			
<b>Saturday</b>	7/14	4PM	Parish Vigil
<b>Sunday</b>	7/15	9AM	Divine Liturgy
<b>Saturday</b>	7/21	4PM	Parish Vigil
<b>Sunday</b>	7/22	9AM	Divine Liturgy
<b>Saturday</b>	7/28	10AM	Hierarchical Liturgy at St. Andrew's in South Bound Brook, celebrating 100 years of Ukrainian Orthodox ministry in America!
<b>Sunday</b>	7/29	9AM	Divine Liturgy

### Parish News and Events

God bless everyone (kids and adults) who helped make our **Summer Church Camp** a success! We'll build on this to make next year's even better. Donations to the Sunday School Fund to help defray the costs would be greatly appreciated – thank you!

The Chapel AC is completely broken. We are accepting donations to fix it – **thank you!**

**We will be pinching perohi** on Saturday, 7/14 – please come and bring friends!

Our next **soup kitchen service** is on 7/12. See Joe Truchan if you would like to help.

**Our Summer Wine-Tasting** will be on 8/11. Refreshing Rose's are on the menu! Join us - and bring your friends and family!

Our **Divine Liturgy & Picnic at Emmaus Park** will be on August 5<sup>th</sup> starting at 10AM.

Our **St Mary's Seniors:** Clambake 7/9, Hoagies 7/25.

**We have two Grief Share groups:** Mondays at 10AM and Tuesday at 6:30PM. Both meet in the Library. See Joe Truchan for details.

**Fr. Anthony's Summer travel:** 2-10 July (family reunion); 24-28 July (UOL Convention/100<sup>th</sup> Anniversary of UOC-USA); 30 July – 3 August (Spiritual Advisor, Mommy & Me/Daddy & Me at All Saints Camp); 13-17 August (Great Perkins Family Road Trip). Metropolitan Antony will serve on the Sunday that Fr. Anthony is gone (8 July).

**Reader Schedule:** 7/8 Alex Mackiewicz, 7/15 Richard Bodnar, 7/22 Robin Bodnar

**Greeter Schedule:** 7/8 PM Tina Perkins, 7/15 Eleanor Fox, 7/22 Judy Miller & Vera Muzychka

Welcome to the God-loving and God-protected Orthodox Christian parish of *Pokrova* (“St. Mary Protection of the Holy Theotokos” or “St. Mary’s”)!

**It is a blessing to have you with us today and we encourage you to come back as often as you are able.** Like us, you may find that you have found your spiritual home here (and a wonderful home, it is)!

**We are a parish of the Ukrainian Orthodox Church of the USA under the Ecumenical Patriarch of Constantinople and our doors and hearts are open to you, your family, and your friends!**

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