

September 23rd: Sunday before the Exultation of the Cross

Tone 8 Tropar (Resurrection)

You descended from on high, O Merciful One! / You accepted the three day burial to free us from our sufferings! // O Lord, our Life and Resurrection, glory to You!

Tone 4 Tropar (Feast)

Your nativity, O Virgin, / has proclaimed joy to the whole universe! / The Sun of righteousness, Christ our God, / has shone from you, O Theotokos. / By annulling the curse, / He bestowed a blessing. // By destroying death, He has granted us eternal life.

Tone 4 Tropar (for the Pokrova/Temple)

O Mother of God, sheltered by thy coming / we faithful people today keep feast in joy, / and looking at thy most pure image, / moved to the depths of our hearts, we say: / "Protect us with thy precious veil / and deliver us from every ill, / by entreating Christ, thy Son and our God, // to save our souls.

Tone 8 Kondak (Resurrection)

By rising from the tomb, You raised the dead and resurrected Adam. / Eve exults in Your Resurrection, // and the world celebrates Your rising from the dead, O greatly Merciful One!

Tone 4 Kondak (Feast)

By your nativity, most pure Virgin, / Joachim and Anna are freed from barrenness, / Adam and Eve -- from the corruption of death. / And we, your people, freed from the guilt of sin, celebrate and sing to you: // "The barren woman gives birth to the Theotokos, the nourisher of our Life."

Tone 2 Kondak (for the Pokrova/Temple)

The Choirs of Saints and the Virgin / stand in church praying to God for us. / Angels and hierarchs bow in adoration, / Apostles and Prophets all rejoice / in thee, O Mother of God, // who for us prays to God Eternal.

Prokimen Tone 6 (Sunday before Elevation of the Cross)

O Lord, save Your people and bless Your inheritance! (Ps 27/28:9)

v: To You, O Lord, will I call. O my God, be not silent to me! (Ps 27/28:1)

Prokimen Tone 3 (Song of the Theotokos)

My soul magnifies the Lord, and my spirit rejoices in God my Savior. (Lk 1:46-47)

Epistle: 2 Corinthians 6:16-7:1 (Sunday)

Alleluia, Alleluia, Alleluia!

v. I have exalted one chosen out of My people. (Ps 88/89:20)

v: For My hand shall defend him and My arm shall strengthen him. (Ps 88/89:22)

v. Hear, O daughter, and see, and incline your ear! (Ps 44/45:10)

Gospel: John 3:13-17 (Sunday before the Elevation)

Zadostoinik: Magnify, O my soul, the most glorious birth of the Mother of God! / Virginité is foreign to mothers; childbearing is strange for virgins. But in you, O Theotokos, both were accomplished. // Therefore all we nations of the earth unceasingly magnify you.

*** Please join us in the hall for coffee and fellowship after the service. ***

Upcoming Services (also see our website)

Sunday	9/23	9AM	Divine Liturgy
Thursday	9/27	10AM 6PM	Divine Liturgy (The Cross!) Moleban and Memorial Litya
Saturday	9/29	4PM	Parish Vigil
Sunday	9/30	9AM	Divine Liturgy
Thursday	10/4	6PM	Moleban and Memorial Litya
Saturday	10/6	10AM 4PM	Divine Liturgy – St. John the Baptism Great Vespers and Canon of Repentance
Sunday	10/7	9AM	Divine Liturgy (w/extra Ukrainian)
Thursday	10/11	6PM	Moleban and Memorial Litya
Saturday	10/13	4PM	Parish Vigil of our Parish Feast (Pokrova)
Sunday	10/14	9AM	Divine Liturgy of our Parish Feast (Pokrova)
Thursday	10/18	6PM	Moleban and Memorial Litya
Saturday	10/20	4PM	Parish Vigil
Sunday	10/21	9AM	Divine Liturgy
Thursday	10/25	6PM	Moleban and Memorial Litya
Saturday	10/27	4PM	Parish Vigil
Sunday	10/28	9AM	Divine Liturgy
Thursday	11/1	6PM	Moleban and Memorial Litya
Saturday	11/3	10AM 4PM	Memorial Divine Liturgy (St. Demetrius) Parish Vigil
Sunday	11/4	9AM	Divine Liturgy

The Men's Auxiliary has two projects (caulking outside and painting the women's bathroom) they would like to accomplish. If you can help with this and come in during the week, please see Joe Zimmerman or John Onulack.

We are looking to have another CPR/AED Certification Course. The last one was excellent. Please see Chris Zimmerman for questions or sign-up.

Please join St. Mary's Seniors on December 7 for **lunch and the Christmas Show at American Music Theater** in Lancaster. The cost is \$104. See Elinor Antoniuk for more information.

Our **St Mary's Seniors:** Next meeting – 10/1. Hoagies - 9/26. Join us!

The **Fall Bible Study** meets on Thursdays at 7PM in the chapel. Come and join us!

We have two Grief Share groups: Mondays at 10AM and Tuesday at 6:30PM. Both meet in the Library. See Joe Truchan for details.

Reader Schedule: 9/23 Robin Bodnar, 9/30 Dennis Ritter, 10/7 Joseph Truchan.

Greeter Schedule: 9/23 Judy Miller & Vera Muzychka, 9/30 Pani Tina Perkins, 10/7 Eleanor Fox.

Welcome to the God-loving and God-protected Orthodox Christian parish of *Pokrova* (“St. Mary Protection of the Holy Theotokos” or “St. Mary’s”)!

It is a blessing to have you with us today and we encourage you to come back as often as you are able. Like us, you may find that you have found your spiritual home here (and a wonderful home, it is)!

We are a parish of the Ukrainian Orthodox Church of the USA under the Ecumenical Patriarch of Constantinople and our doors and hearts are open to you, your family, and your friends!

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